



**CLASSROOM SESSIONS**

**MOUNTAINVIEW  
 TERRACE**

**RIVERS EAST**

**RIDGE ROOM**

8:00 AM - 10:00 AM	Dare 2 Command	ON STAR -Electric vehicles and advanced vehicle technologies	Quiet Leadership in the Fire Service: Embracing Introverted Strengths
10:00 AM - 12:00 PM	Regulating The Responder Yoga In Fire Service	From Firehouse to Family : Reproductive Health, Pregnancy and Motherhood in the Fire Service	Leading outside the ranks

**LUNCH | 12:00PM - 1:00PM**

1:00 PM - 3:00 PM	Firefighter-Led Strategies for Safer Communities (Pub Ed)	Ammonia Under Control: HazMat Skills You Need	Leading with Purpose: Discovering Your Leadership Style in the Fire Service
3:00 PM - 5:00 PM		From Embers to Flame: Igniting Confidence for Women Firefighters	The Invisible Hazard: Natural Gas for First Responders; Fortis

**HOT SESSIONS**

**7 HALL #1**

**TRAINING CENTRE  
 #1 OUTSIDE DRILL**

**TRAINING CENTRE  
 #2 CLASSROOM**

**TRAINING CENTRE  
 OUTSIDE #2**

8:00 AM - 12:00 PM	Session 1 - High Angle Rescue	Session 1: Train to survive: Fire ground survival intensive	This is my Halligan	
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**LUNCH | 12:00PM - 1:00PM**

1:00 PM - 5:00 PM	Session 1 - Confined Space	Session 2: Train to survive: Fire ground survival intensive	Ladder Confidence	Wildfire 360
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**THURSDAY SOCIAL EVENT START TIME: 6:00PM**



# FSWBC

## TRAINING SYMPOSIUM 2026

THE FIRE WITHIN: PURPOSE, PASSION, AND PROGRESS

APRIL 16-18 | 2026 | KAMLOOPS, BC

## FRIDAY SCHEDULE



### CLASSROOM SESSIONS

**MOUNTAINVIEW TERRACE**

**RIVERS EAST**

**RIVERS WEST**

**RIDGE ROOM**

8:00 AM - 10:00 AM	Empower: Self-Defence Essentials	Improving Residential Size-Up: Building Construction	Dare 2 Command	Resilient Minds FULL DAY 8-5
10:00 AM - 12:00 PM	Compassionate Crisis Leadership	Occupational Health, Safety & Wellness - A Fresh Perspective	Danger Trees in the Interface	Resilient Minds FULL DAY 8-5

**LUNCH | 12:00PM - 1:00PM**

1:00 PM - 3:00 PM	Reset & Recharge: Somatic Tools and Sound Bath for Women in Fire Service	First-On-Scene: Building Critical Size-Up Skills	Beyond the Fireline: Bridging Wildfire Experience with the Complexities of Disaster Management	Resilient Minds FULL DAY 8-5
3:00 PM - 5:00 PM	Trauma Medicine- understanding the WHY in life or death decisions.	Chief Wolford -So you Want to be a Fire Chief: Lessons Learned Along the Way		Resilient Minds FULL DAY 8-5

### HOT SESSIONS

**7 HALL #1**

**TRAINING CENTRE #1 OUTSIDE DRILL**

**TRAINING CENTRE #2 CLASSROOM**

**TRAINING CENTRE #3 THE BAY AREA**

8:00 AM - 12:00 PM	Session 2 - Dynamic Rescue High Angle Rescue	Session 1 - Cutting Through the Chaos: Auto Extrication Essentials	CPKC Rail 101: Understanding Rail Hazards, Cargo & On-Scene Operations	
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**LUNCH | 12:00PM - 1:00PM**

1:00 PM - 5:00 PM	Session 2 - Dynamic Rescue Confined Space	Session 2 - Cutting Through the Chaos: Auto Extrication Essentials	Rescue Drag Bonanza	
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**FRIDAY NIGHT GALA START TIME: 6:00PM**

[WWW.FSWBC.CA](http://WWW.FSWBC.CA)



**PLENARY SESSIONS**

**PLENERY ROOM**



**MARIA MASIAR**  
 8:30 AM - 10:00 AM

The Path Is Never Straight: Persistence, Purpose, and Finding Your Place

**COFFEE BREAK | 10:00 - 10:30**



**MATT JOHNSON & MIKE ROBERTS**  
 10:30 AM - 12:00 PM

From Experience to Understanding: Firefighters' Perspectives on Mental Health, Resilience, and the Realities of our Work

**LUNCH | 12:00PM - 1:00PM**



**SANDY GERBER**  
 1:00 PM - 2:30 PM

The Power of Magnetic Communication

**BREAK | 2:30PM - 3:00PM**



3:00 PM - 4:00PM

**PANEL DISCUSSION**  
 Navigating the Paradox: Women Supporting Women & Advancing EDI in Leadership

**KEY DETAILS TO NOTE:**

Plenary sessions take place on Saturday. As in 2024, all attendees will be together for these four shared sessions. When completing your registration form, please carefully review session times to avoid signing up for conflicting sessions.

**HANDS-ON TRAINING (HOT) SESSIONS:**

- All HOT sessions are four hours in length.
- Sessions are held at the Kamloops Fire Training Centre or Kamloops Fire Hall 7.
- Both locations offer ample parking and are approximately 10 minutes from the host hotel.
- Carpooling is encouraged and please reach out to [symposium@fswbc.ca](mailto:symposium@fswbc.ca) if you are in need of travel assistance to and from the training centre.

**TURNOUT GEAR:**

- Turnout gear is not recommended to be stored in hotel rooms.
- Optional gear drop-off will be available Wednesday afternoon at the Training Centre.
- Gear pick-up will be available Sunday morning at the Training Centre.

**SOCIAL EVENTS:**

- The Thursday night social and Friday night gala are included with full symposium registration.